

## Make Your Own Kinetic Sand

Make your own mess-less kinetic sand from home! Squeeze it, shape it, cut it- kinetic sand is fun to mold and a great sensory experience for kids of all ages.



### Materials:

- Fine white sand (3-4 cups)
- Dish soap (1 tablespoon)
- Cornstarch (2 spoonfuls)
- Water (1 cup)
- Food coloring (optional)

### Steps:

1. Combine about 2 spoonfuls of cornstarch with about 3-4 cups of sand. Make sure your sand is completely dry.
2. In a separate bowl, mix 1 Tablespoon of dish soap with 1 cup of water. Mix until bubbly.
3. Add color to your sand-mix in a few drops of food coloring of choice now (optional)
4. Slowly pour your soapy water into the sand- if you pour too fast, your sand may end up runny. Aim for the consistency of a thick milkshake. You may not have to use the entire cup of soapy water.
5. Voila! You're done. Enjoy sculpting and building with your homemade kinetic sand.
6. When done, keep in an airtight container.

### Caregiver Tips:

Ask your child some open ended questions about their new creation. What is the texture of the kinetic sand? How does it feel different than normal sand? What happens if you cut into the sand with a plastic knife? How does your kinetic sand react if you play with it in a tub of water? (Let your kinetic sand air dry before storing if you play with it in water)