

Be the Change

Let your voices be heard! If you were the president, what would you want to change? Create a campaign poster, write a statement about what you advocate for, and share it with everyone! Let the people around you know what you care about.

Materials:

- Paper
- Drawing Tools
- Conversation Time
- 3D materials such as fabrics, felt, pom poms, pipe cleaners, beads, etc. (optional)



Steps:

1. Imagine yourself as a presidential candidate, what do you want to change?
2. Create a campaign poster by drawing a self portrait on paper, but leave room to write a campaign slogan!
3. On your poster, write what you advocate for or what you would change as president
 - a. Advocate means to publicly support an idea, development, or actions, such as shortening school time or making sure everyone can go to the doctor when they get sick
4. Don't be afraid to get creative by adding whichever materials you choose!
5. Share your poster and ideas with your friends and family, and encourage them to make

Caregiver Tip:

Use this activity to have a conversation about what issues your child feels strongly about or what questions they may have about current events. Invite them to express their views, questions, and take the time to answer in simple and digestible ways. It is important that children feel that they are able to talk to their caregivers openly about the complexity of the world around them.

Allow time for your young learner to process information and then ask follow up questions that encourage the sharing of ideas and emotions. It is always okay to confirm that something is sad or negative. Bringing the conversation back to advocacy can be a helpful way to offer hope and encourage resilience.